

# Prostate Cancer and Coronavirus – Patient/Doctor Discussion Guide

## Talk to your health care provider about precision medicine.

The coronavirus pandemic is quickly changing the landscape of urological care. This discussion guide is a resource to help you and your physician navigate your health care during these uncertain times. Keep it close by for your next telehealth appointment, phone call or office visit.

### Things to discuss with your physician:



#### How can we stay in touch if I have any concerns?

- Telehealth is becoming an important way to monitor patients remotely. Talk to your doctor about what types of telehealth services are available based on your condition or location.
- Effective through the duration of the COVID-19 Public Health Emergency, Medicare will make payment for Medicare telehealth services furnished to patients in broader circumstances. If you're a Medicare patient, talk to your doctor about your coverage.



#### If I'm at risk for prostate cancer or have been diagnosed with prostate cancer, how can I limit my COVID-19 exposure and still make sure I'm taking care of my prostate health?

- Talk to your doctor about your risk of exposure and discuss any tips to mitigate your risk.



#### How urgent and necessary is my appointment?

- Non-urgent or elective appointments and surgeries are being postponed whenever possible to limit exposure of COVID-19 for you and your physician.
- Ask your doctor about potential options to postpone your appointment and how it will affect your care moving forward.

### How can biomarker tests help my doctor and I make informed decisions on my prostate health?



- Biomarker tests, which use your genetic information to indicate risk for prostate cancer, are a viable way to help you and your doctor make clinical decisions without an additional appointment and can help clarify next steps for diagnosis and treatment, especially if you are at high risk for prostate cancer.
- See the grid below for a full assessment of available biomarker tools:

Biomarker test	Stage	Office visit	Manufacturer tests results at dedicated laboratory
SelectMDx	Detection	REQUIRED	YES
Phi	Detection	REQUIRED	NO
4Kscore	Detection	REQUIRED	YES
ConfirmMDx	Immediately after cancer-negative biopsy	NOT REQUIRED	YES
PCA3	Pre-repeat biopsy	REQUIRED	NO
Oncotype DX	Active surveillance	NOT REQUIRED	YES
Prolaris	Active surveillance	NOT REQUIRED	YES

Using biomarker tests can help give you answers on your diagnosis or treatment without an office visit. At a time when quarantine is mandated, these tools can make sure you're receiving the best care and help put your mind at ease.

For more information on how to navigate this global pandemic for patients at risk for or living with prostate cancer see

<https://www.prostateconditions.org/covid19>.

